




January 2016 Focus Activity Calendar-SNF + EH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p align="center">January 2016</p> 	<p>Activities Subject to Change***</p>	<p><u>KEY</u> *All programs are held in the SNAR unless labeled differently. See Below</p> <p>A-Atrium EHAR=EH Activity Room 1st-First Floor 2nd-Second Floor</p>	<p>Recreation Director Brianna Frisk Ext:2103 Recreation Aides -Janet DiNitto -Mary Niznik -Courtney Stern -Stasha Dunkley -Myra Hoke</p>		<p>New Years Day 1</p> <p>9:00 Coffee Social-EHAR 10:00 Wii Games 11:15 Trivia-2 1:30 Pitch League 3:00 Happy Hour</p>	<p>2</p> <p>10:00 Coffee Social 1:30 Pokeno</p>
3	4	<p>National Bird Day 5</p> <p>9:00 Coffee Social 10:00 Senior Olympic Training 1:00 All About Birds-A 2:00 EH Resident Council-EHAR 3:00 Cards-2nd floor 7:00 Table Bowling</p>	6	7	8	9
<p>2:00 Movie 4:00 Worship w/ Christ's Church-A</p>	<p>9:00 Coffee Social 10:00 Bingo 11:00 SNF Resident Council 11:15 Trivia-2 1:30 Catholic Mass 3:00 Cards-1st floor</p>		<p>9:00 Coffee Social 10:00 Music w/ Willard 2:00 Karaoke 3:30 Apples to Apples-2nd floor 7:00 Night Bingo</p>	<p>9:00 Coffee Social 10:00 Table Bowling 11:00 Munson Williams (Sign-up) 12:00 Chinese food Eat-in 3:00 Cards-1st 7:Game Night</p>	<p>9:00 Coffee Social-EHAR 10:00 Wii Games 11:15 Trivia-2nd 1:30 Pitch League 3:00 Happy Hour</p>	<p>10:00 Coffee Social 1:30 Pokeno</p>
10	11	12	13	<p>Dress Up Your Pet Day 14</p> <p>9:00 Coffee Social 10:00 Table Bowling 1:00-3:00 Pet Visits on Units 3:00 Cards-1st 7:00 Game Night</p>	15	16
<p>2:00 Movie 4:00 Worship w/ Christ's Church-A</p>	<p>9:00 Coffee Social 9:00 Walmart Trip(sign up) 10:00 Bingo 11:15 Trivia-2 1:30 Catholic Mass 3:00 Games-1st</p>	<p>9:00 Coffee Social 10:00 Senior Olympic Training 2:00 Craft-2nd 3:00 Cards-2nd 7:00 Table Bowling</p>	<p>9:00 Coffee Social 10:00 Music w/ Gary-A 2:00 Karaoke 3:30 Yahtzee-2 7:00 Night Bingo</p>		<p>Strawberry Ice Cream Day</p> <p>9:00 Coffee Social-EHAR 10:00 Wii Games 11:00 Ice Cream-A 11:15 Trivia-2 1:30 Pitch League 3:00 Happy Hour</p>	<p>10:00 Coffee Social 1:30 Pokeno</p>
17	<p>Martin Luther King Jr. Day 18</p>	<p>National Popcorn Day 19</p>	20	21	22	23
<p>2:00 Movie 4:00 Worship w/ Christ's Church-A</p>	<p>9:00 Coffee Social 10:00 Bingo 11:15 Trivia-2 1:30 Catholic Mass 3:00 Games-1</p>	<p>9:00 Coffee Social 10:00 Senior Olympic Training 2:00 Popcorn-A 7:00 Table Bowling</p>	<p>9:00 Coffee Social 10:00 Music w/ Matt-A 2:00 Karaoke 3:30 Sorry -2 7:00 Night Bingo</p>	<p>8:30 Breakfast Trip(sign up) 9:00 Coffee Social 10:00 Table Bowling 2:00 Hand Spa 3:00 Cards-1st floor 7:00 Game Night</p>	<p>9:00 Coffee Social-EHAR 10:00 Wii Games 11:15 Trivia-2 1:30 Pitch League 3:00 Happy Hour</p>	<p>10:00 Coffee Social 1:30 Pokeno</p>
24	25	26	27	<p>Have Fun at Work Day 28</p>	<p>National Puzzle Day 29</p>	30
<p>2:00 Movie 4:00 Worship w/ Christ's Church-A</p>	<p>9:00 Coffee Social 10:00 Bingo 11:15 Trivia-2 1:30 Catholic Mass 3:00 Games-1st</p>	<p>9:00 Coffee Social 10:00 Senior Olympics Training 2:00 Hand Spa 3:00 Games-2 7:00 Table Bowling</p>	<p>9:00 Coffee Social 10:00 Music w/ Don-A 2:00 Karaoke 3:30 Rummikub-2 7:00 Night Bingo</p>	<p>9:00 Coffee Social 10:00 Table Bowling 11:00 Volleyball-A 1:00 Karaoke 3:00 Relay Race-A 7:00 Game Night</p>	<p>9:00 Coffee Social-EHAR 10:00 Wii Games 11:15 Trivia-2 1:30 Pitch League 3:00 Happy Hour</p>	<p>10:00 Coffee Social 1:30 Pokeno</p>
<p>2:00 Arts and Crafts 4:00 Worship w/ Christ's Church-A</p>						31

January 2016 Focus Activities-3rd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Activities subject to change**	<u>KEY</u> *All programs are held in the SNAR unless labeled differently. See Below A -Atrium EHAR =EH Activity Room 1st -First Floor 2nd -Second Floor	Recreation Director Brianna Frisk Ext:2103 Recreation Aides -Janet DiNitto -Mary Niznik -Courtney Stern -Stasha Dunkley -Myra Hoke		New Years Day 1 1:30 Coffee Social 3:00 Happy Hour-SNAR 4:00 Chair Exercise	2 1:00 Music + Memory 2:00-4:30 Activities w/ Myra
3 1:00 Art w/ Myra 2:00 Big Band 4:00 Christ Church-A	4 1:30 Coffee Social 2:15 Snowman Making 4:30 Ring Toss	National Bird Day 5 1:30 B-day Coffee Social 2:00 Birds-A 2:15 Big Band w/ Stasha 4:30 Artistic Expression	6 10:00 Music w/ Willard 1:30 Coffee Social 2:15 Hand Spa 4:30 Sensory Boxes	7 1:30 Coffee Social 2:15 Rainbow Clouds 4:30 Story Telling	8 1:30 Coffee Social 3:00 Happy Hour 4:30 Chair Exercise	9 1:00 Music + Memory 2:00-4:30 Activities w/ Myra
10 1:00 Art w/ Myra 2:00 Big Band 4:00 Christ Church-A	11 1:30 Coffee Social 2:15 Polar bear Plates 4:30 Ball Toss	12 1:30 Coffee Social 2:15 Hand Spa 3:00 Sensory Boxes 4:30 Artistic Expression	13 10:00 Music w/ Gary 1:30 Coffee Social 2:15 Big Band w/ Myra 4:30 Winter Painting	Pet Visit Day 14 1:30 Coffee Social 2:15 Pet Visits on Unit 4:00 Music Club	Strawberry Ice Cream Day 15 11:00 Ice Cream-A 1:30 Coffee Social 3:00 Happy Hour 4:30 Chair Exercise	16 1:00 Music + Memory 2:00-4:30 Activities w/ Myra
17 1:00 Art w/ Myra 2:00 Big Band 4:00 Christ Church-A	Martin Luther King Jr. Day 18 1:30 Coffee Social 2:15 Story Telling 4:30	Popcorn Day 19 1:30 Coffee Social 2:00 Popcorn-A 2:15 Big Band w/ Stasha 4:30 Artistic Expression	20 10:00 Music w/ Matt-A 1:30 Coffee Social 2:15 Hand Spa 4:30 Ring Toss	21 1:30 Coffee Social 2:15 Sensory Boxes 4:30 Music Club	22 1:30 Coffee Social 3:00 Happy Hour 4:30 Chair Exercise	23 1:00 Music + Memory 2:00-4:30 Activities w/ Myra
24 1:00 Art w/ Myra 2:00 Big Band 4:00 Christ Church-A	25 12:00 B-day Luncheon-SNAR 1:30 Coffee Social 2:15 Sensory Boxes 4:30 Painting	26 1:30 Coffee Social 2:15 Hand Spa 4:30 Artistic Expression	27 10:00 Music w/ Don 1:30 Coffee Social 2:15 Big Band w/ Myra 4:30 Ball Toss	28 11:00 Volleyball-A 1:30 Coffee Social 3:00 Relay Race-A 4:30 Music Club	National Puzzle Day 29 1:30 Coffee Social 3:00 Happy Hour-A 4:30 Chair Exercises	30 1:00 Music + Memory 2:00-4:30 Activities w/ Myra
31 1:00 Art w/ Myra 2:00 Big Band 4:00 Christ Church-A						

January 2016 Focus Rehabilitation-ADHC

Sun	Mon	Tue	Wed	Thu	Fri	Sat
January 2016	<p>KEY A-Atrium SNAR-Skilled Activity Room</p> <p><i>*Activities Subject to Change*</i></p>		<p>Recreation Director Brianna Frisk Ext:2103 Recreation Aides -Janet DiNitto -Mary Niznik -Courtney Stern -Stasha Dunkley -Myra Hoke</p>		<p>New Year's Day 1 CLOSED</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Group-A 10:00 Exercise 11:00 Arts and Crafts 12:45 Walking Group-A 1:15 Chit Chat 1:30 POKENO-SNAR</p>
3	4	National Bird Day 5	6	7	8	9
<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Program 10:00 Sunday Matinee 11:30 Knowledge / Card Games 1:15 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Bingo-SNAR 11:00 Arts and Crafts 12:45 Walking Group-A 1:00 Resident Council 1:30 Catholic Mass-SNAR</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Olympic training -SNAR 11:00 Trivia Challenge 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Music W/ Willard-A 11:15 Card Games 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 8:30 Breakfast at Tiffany's 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Table Bowling-SNAR 11:00 Board Game of Choice 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Will Bowling-SNAR 11:00 Ladder Ball 12:15 Walking Group-A 1:00 Pitch League-SNAR 1:00 Happy Hour</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Group-A 10:00 Craft 11:00 Igloo Craft 12:45 Walking Group-A 1:15 Chit Chat 1:30 POKENO-SNAR</p>
10	11	12	13	National Dog Day 14	Strawberry Ice Cream Day 15	16
<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Program 10:00 Sunday Matinee 11:30 Knowledge / Board Games 1:15 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Bingo-SNAR 11:00 Card Game of Choice 12:45 Walking Group-A 1:00 Chit Chat 1:30 Catholic Mass-SNAR</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Olympic Training-SNAR 11:00 Arts and Crafts 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Music W/ Gary-A 11:15 Card Games 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Table Bowling-SNAR 11:00 Pet Visits 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Will Bowling-SNAR 11:00 Ice Cream-A 12:15 Walking Group-A 1:00 Pitch League-SNAR 1:00 Happy Hour</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Group-A 10:00 Snowmen Craft 11:00 Taboo 12:45 Walking Group-A 1:15 Chit Chat 1:30 POKENO-SNAR</p>
17	18	19	20	21	22	23
<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Program 10:00 Sunday Matinee 11:30 Knowledge / Card Games 1:15 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Bingo-SNAR 10:00 Walmart Trip (Utica) 11:00 Board Game of Choice 12:45 Walking Group-A 1:00 In House Store 1:30 Catholic Mass-SNAR</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Movie w/ popcorn 10:00 Olympic Training-SNAR 11:00 Frisbee Toss 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Music With Matt-A 11:15 Trivia 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Table Bowling-SNAR 11:00 Arts and Crafts 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Will Bowling-SNAR 11:00 Hangman 12:15 Walking Group-A 1:00 Pitch League-SNAR 1:00 Happy Hour</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Group-A 10:00 Cooking Group 11:00 Snowflake Making 12:45 Walking Group-A 1:15 Chit Chat 1:30 POKENO-SNAR</p>
24	25	26	27	28	29	30
<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Program 10:00 Sunday Matinee 11:30 Knowledge / Board Games 1:15 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Bingo-SNAR 11:00 Sorry 12:00 Moe's Lunch Trip 12:45 Walking Group-A 1:00 Chit Chat 1:30 Catholic Mass-SNAR</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Olympic Training-A 11:00 Winter Scenery Painting 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Music With Don-A 11:15 Trivia 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Table Bowling-SNAR 11:00 How Many Words 12:45 Walking Group-A 1:00 Chit Chat</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:15 Exercise 9:30 Walking Group-A 10:00 Will Bowling-SNAR 11:00 Arts and Crafts 12:15 Walking Group-A 1:00 Pitch League-SNAR 1:00 Happy Hour</p>	<p>8:30 Small Group Activity 9:00 Current Events 9:30 Walking Program 10:00 Sunday Matinee 11:30 Knowledge / Board Games 1:15 Chit Chat</p>